

Spring 2009

WHAT IS  
IRIS  
SCANNING?

The Oklahoma Association of Optometric Physicians recently sponsored a free iris screening at all the Daily Living Centers.

In case you haven't heard of iris scanning, it is part of the Senior Safety Net, a secure nation wide network and registry that enables Sheriff's Offices across the nation to locate and positively identify missing individuals through its scanning.

Iris biometric recognition technology is the fastest and most accurate identification method available today. It is safe for the eye and takes just a few minutes.

With iris scanning the chances of identifying lost people and reuniting families can happen quickly.

Editor: Cheri Maul

# Daily Living Centers

## GRAND OPENING OF NEW CENTER!!

On March 26th, Daily Living Centers held an open house to celebrate our new Rockwell center. We had so many guests, the open house was a great success!



Staff and Billy (r) relax before the open house



Bill Weaver, President of Daily Living Centers, welcomed the visitors. The building is named after Bill Weaver because of his tireless energy, enthusiasm and work to make this Center happen.

Debbie Buckles, (l) DLC Board Member and Clara Haas, Silver Haired Legislator.



Howard Hendricks, Director of the Oklahoma Department of Human Services spoke to the assembled guests.



Frances and Don H.



Lance Robertson (l), Director, Aging Services Division, OKDHS with Bill Weaver.

## CAREGIVER MEETING REMINDER

Caregivers meet the last Tuesday of every month at the Rockwell Center, from 6:30 p.m. to 7:30 p.m. If you have never been to a caregiver meeting, do plan to attend one. Sharing your concerns and ideas with others who are in the same situation can be a comforting experience. Many caregivers say they feel isolated and alone, but a support group can help by allowing caregivers to know that there are others in the same situation. At some meetings we share, and at others we have guest speakers who address issues of interest to caregivers. You are welcome to share or just listen.

You can bring your loved one with you; they will be cared for in the living room while the family members meet in the conference room. DLC provides pizza and drinks for everyone, which usually arrive around 6:20.

Meetings for the next few months are on the following Tuesdays:

- April 28th
- May 26th
- June 30th
- July 28th

Call Cheri for more info at 792-2401.



Daily Living Centers Rockwell location is pleased to partner with occupational therapy students at OU Health Science Center in a community service learning project. Led by Dr. Toby Hamilton (I), these first year students are putting into practice what they are learning in their Media for Occupational Performance class. DLC was chosen by the Oklahoma Occupational Therapy Association for Occupational Therapy projects in April.

The student group returned a few days later and made wooden planter boxes for the outside patio, where they planted a variety of lovely flowers. Thank you, students, for making our new facility even nicer!



Dr. Hamilton (I) and a student help Orrin P. decorate a styrofoam cup for his pansy.

Retired OU Professor Dr. Sharon Sanderson (I) and Dr. Hamilton help Mary C. with her weaving project.



Brett B.( I) is being assisted by a student in planting a flower.



## CAREGIVER CORNER

What you need to know...

### SIGNS OF STROKE AND HEART ATTACK IN WOMEN

As a caregiver, you know what a strain caregiving can put on your time, patience, finances, relationships and health. The 24/7 nature of caregiving is a built-in factor in stress. As you probably know, in a threatening situation, the stress (fight or flight) response is necessary for survival. However, when stress is constant in our lives, especially over a long period of time, it can take a toll on our bodies. That's why it is essential to your health to take care of yourself.

As caregivers, it is possible to focus on the loved one's care so much that the caregiver can neglect their own health. You've seen similar words and warnings before, but it bears repeating. After all, without you,

who will take care of your loved one? Since so many caregivers tend to be women, it is important that you are able to recognize signs and symptoms of heart attack and stroke in the event that something happens to you. Symptoms of both in women tend to be more vague than they are in men, and therefore can be more difficult to diagnose.

So what are the symptoms in women? In heart attacks, remember that although some heart attacks can be sudden and intense, most heart attacks start gradually, with only mild pain. Symptoms can include; shortness of breath, nausea, heart palpitations, flu-like symptoms, pain in one or both arms, the neck, jaw or back, heartburn, or extreme fatigue.

Strokes, on the other hand, can come on suddenly, without warning. Symptoms can include sudden numbness of face, arm or leg, especially on one side of the body, sudden confusion, trouble speaking or comprehending, sudden trouble with eyesight, sudden trouble walking, loss of balance or coordination, dizziness or sudden, severe headache with no known cause. If you suspect either situation,

#### GET HELP RIGHT AWAY.

Immediate treatment can make a huge difference in the outcome. Taking care of yourself may seem a "luxury" at this point, but it is absolutely necessary. Take care of yourself for your own good as well as your loved one's sake.

### SUBJECTS STILL NEEDED FOR ALZHEIMER DRUG STUDY

Participants are needed in a study to test the effectiveness of a drug known as Bapi, which is designed to fight beta amyloid plaques, the protein that becomes tangled in the brains of Alzheimer's patients, causing gradual memory loss. At present the drugs that are available are designed to maximize the remaining brain activity. Bapi, however, is designed to slow down the disease's memory killing progression.

Participants (subjects) who qualify will receive, at no charge, the investigational drug (or placebo), lab services and tests as well as physical exams. They will also be monitored through-

out the study by a team of medical professionals. Participants must be between 50 and 88 years old, have a diagnosis of possible Alzheimer's, and have a caregiver who is willing and able to be involved in the study with the patient.

The study subjects will be asked to A) attend 15 study visits during an 83 week period; B) receive six infusions of the investigational drug every 13 weeks for 65 weeks and C) have blood tests and study related physical and clinical exams. There is a 60% chance of receiving the drug and a 40% change of receiving a placebo (a treatment with no active ingredients) due

to necessary randomization of subjects. If you are interested in having your loved one participate, you can check out information on line at [www.icarastudy.com](http://www.icarastudy.com) or call 447-8839.



Board of Directors

- Chris Anderson
- Sara Eason Branscum
- Jessica Brooks
- Debbie Buckles
- Luanne Cobb
- Susanne Crenshaw
- Patrick Dennis
- Don Fuller
- Jim Gray
- Fran Grounds
- Eunice Khoury
- Ken Lambert
- David Lipham
- Rick Ross
- Marilyn Taber
- Bill Weaver
- Ray Whitley

**A Note From the President**

Hello to all of our Daily Living Centers friends,

Our newest Center at 3000 North Rockwell is really beginning to live up to its promise. Our well attended open house was to let the community see what we at the DLC think will be a new era in Adult Day Health Care services. The large open area provides room for several different activities all at the same time. The wandering folks have plenty of room

to wander inside without disturbing other scheduled activities. The nurses station is situated to allow the nurses a complete view of the open area without leaving their desks.

The open house entertainment and catered food refreshments were well received by our community guests. It was a real pleasure to show the community and our friends that helped fund the new facility what we have done with their support and help.

A Special "Thank You" to all of those that made this new facility happen for the benefit of the participants and their caregivers. The DLC could not have accomplished this without you.

A reminder that DLC does have scholarship funds for those caregivers that want to utilize the DLC overnight respite program. Just talk with Donna or Cheri for more information.

Bill Weaver, President

Rockwell Center

3000 N. Rockwell P.O. Box 608  
 Bethany, OK 73008  
 Ph 405-792-2401 Fax 405-792-2405  
 www.dailylivingcenters.org  
 M-F 6:30 am-6:30 pm  
 Sat & Sun 7:30am-5:30 pm

Southside Center

1681 S.W. 86th  
 OKC 73159  
 405-688-5388  
 Fax: 405-688-5389

Edmond Center

3413 Wynn  
 Edmond 73013  
 405-471-6867  
 Fax: 405-471-6866

M-F 7:00am-5:30 pm

Jeltz Center

1225 N. Kate OKC 73117  
 405-702-8640 or 405-702-8641  
 Fax: 405-702-8643  
 M-F 8:30am-4:30 pm

**CFC #39231**  
**City and State #7013**

**United Way**  
**Partner Agency**

