



Building
a Safe Haven
for Our Future
 **Daily Living Centers**

ADULT DAY HEALTH SERVICES
OKLAHOMA CITY, OKLAHOMA

Building a Safe Haven for our Future

Daily Living Centers, Inc. (DLC) is committed to providing the highest quality adult day health care for frail elderly and handicapped adults to maximize self-sufficiency, dignity and hope through cooperation with caregivers and health and human services providers.

In keeping with this commitment, DLC is meeting the future with a thoughtful plan to provide for a new headquarters center that will address the needs of our community's elderly and handicapped adults now and for the time ahead. We will be prepared for an aging generation who will need assistance and health care delivered in a compassionate and dignified safe environment.

You can make a difference by joining the caring individuals, charitable foundations, and other philanthropic interests who are contributing to this worthy project. An investment in our capital campaign will provide a generous return in savings to the public interest as our programs are cost efficient, delivered with best practices, and compassionate for those most vulnerable in our lives. DLC has provided high quality adult day care services for over 30 years in Oklahoma City, and is uniquely qualified to continue providing a safe haven for our future.



Please help us help caregivers provide quality of life for their loved ones, by allowing them to be as independent for as long as possible, while their caregivers get respite to live a normal, healthy life. Someday this may be you or one of your loved ones; be sure there's a place, safe and dignified.

Mission

Quality, affordable adult day care delivered with dignity.

Brief History

The Daily Living Centers was the first Adult Day Health Care program in Oklahoma. Established in 1974, it became an independent non-profit 501 (c) 3 in 1977.



In 1982, DLC helped two other groups establish centers, one in Tulsa, one in northeast Oklahoma City.

DLC staff wrote and worked to pass the Adult Day Care Act of Oklahoma in 1989. DLC staff was instrumental in the development of the rules and regulations requiring Adult Day Health Care facilities to be licensed in Oklahoma.

DLC became a United Way partner agency in 1982, moved to the Mayfair location on 48th in 1987, began the limousine transportation program in 1997, and expanded to two satellite facilities in the early 1990s.

DLC instituted a bathing program in 1997, an overnight respite program in 1999, and the Eldercare management program in 2003.

In July of 2005, DLC hosted a national pilot program for Medicare D sign-up and information, assisting more than 1,000 people, 800 more than expected. DLC-South opened in May of 2005, and in January 2006, DLC began operations at STITH Center on the Epworth Villa campus on the north side of Oklahoma City.

DLC – providing innovative, quality care for over 30 years.

Current Need

In the past twenty years the participant population for Adult Day Health Services has increased in numbers and acuity. DLC is the largest Adult Day Health Service in Oklahoma. Today a greater percentage of participants have dementia, particularly Alzheimer's disease, and can't be left alone.

DLC has made changes to provide more health care services, such as counseling, physical therapy and nursing. Socialization activities are also very important for these elderly persons.



A lower functioning client base requires more from the physical facility than is currently feasible at the present location. The Mayfair headquarters building would need \$500,000 in renovations to maintain licensing and accreditation for these services. After careful consideration, the DLC Board of Directors decided to build a new headquarters to meet the future needs of adult day health care rather than renovate the leased Mayfair headquarters.

DLC reached a record 139 participants on a single day in May 2006. STTH Center on Epworth Villa campus has a waiting list. DLC-South, a new center funded with earned income, opened May 2005 at 1681 SW 86th.

The participant population will continue to grow as baby boomers enter old age and demands on caregivers increase. DLC provided \$460,000 worth of free service in 2005.

State program funding is essentially frozen flat, but DLC doesn't turn participants away when state funds dry up each year. DLC annually serves 725 Adult Day Health Care Clients, 24,500 Eldercare clients, and has over 2500 volunteers. Because of demand for program services and subsidies for needy participants, capital fund contributions are needed to build a new headquarters.



Facts

The US spends \$250 billion annually on adult care, with more than 23 million caregivers nationwide. Dependent care services are on the rise due to the aging baby boomer population.

- ▶ DLC is a United Way Partner Agency.
- ▶ The DLC program deters premature placement in institutions or nursing homes.
- ▶ DLC care costs half as much as long-term care in a nursing facility or assisted living facility.
- ▶ The socialization seniors receive at DLC is invaluable for helping them remain alert and active.
- ▶ No one is turned away from DLC for financial reasons. Clients pay on a sliding scale based on income.
- ▶ Private pay, scholarships and DHS, VA, and Advantage funding are available.
- ▶ Three out of four participants nationally are female.

Facts (continued)

- ▶ Oklahoma has 37 centers but needs 80.
- ▶ Daily Living Centers help seniors remain in the community.
- ▶ Low staff turnover means continuity of care.
- ▶ Administrative costs comprise less than 20% of total spending.
- ▶ DLC has been cited nationally for best practices care.



Services

Daily Living Centers provide adult day health care seven days a week in therapeutic programs for individuals with chronic physical and mental impairments such as post-stroke conditions, arthritis, cardiovascular conditions, depression, social isolation and dementia, including Alzheimer's disease.

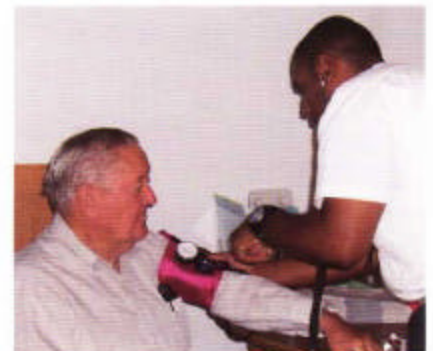
Innovative transportation alternatives give the elderly access to services and essential errands, avoiding isolation and depression, because there's more to life than going to the doctor.

Respite care means flexibility for caregivers who need to take time out. Twenty-four hour care is available through a cooperative program, enabling caregivers to leave town without worry, while participants maintain their routines.

Step-in whirlpool baths are available because bathing the elderly at home, particularly those with Alzheimer's disease, is time-consuming and difficult.

Other services:

- ▶ Case management
- ▶ Individual attention
- ▶ Health monitoring
- ▶ Medication administration
- ▶ Therapeutic and recreational exercise
- ▶ Educational activities
- ▶ Arts and crafts
- ▶ Games, bingo, dominoes, cards
- ▶ Continental breakfast, hot, nutritious lunch and snacks



Project Description

Daily Living Centers, Inc. is building a new headquarters for Adult Day Health Care Program and administrative offices in order to provide cost effective, best practices program delivery in the greater Oklahoma City area. The board of directors approved the project, purchased land from earned income in a central location, and has launched a capital campaign to provide \$1 million in funding for this much needed facility in Oklahoma City.

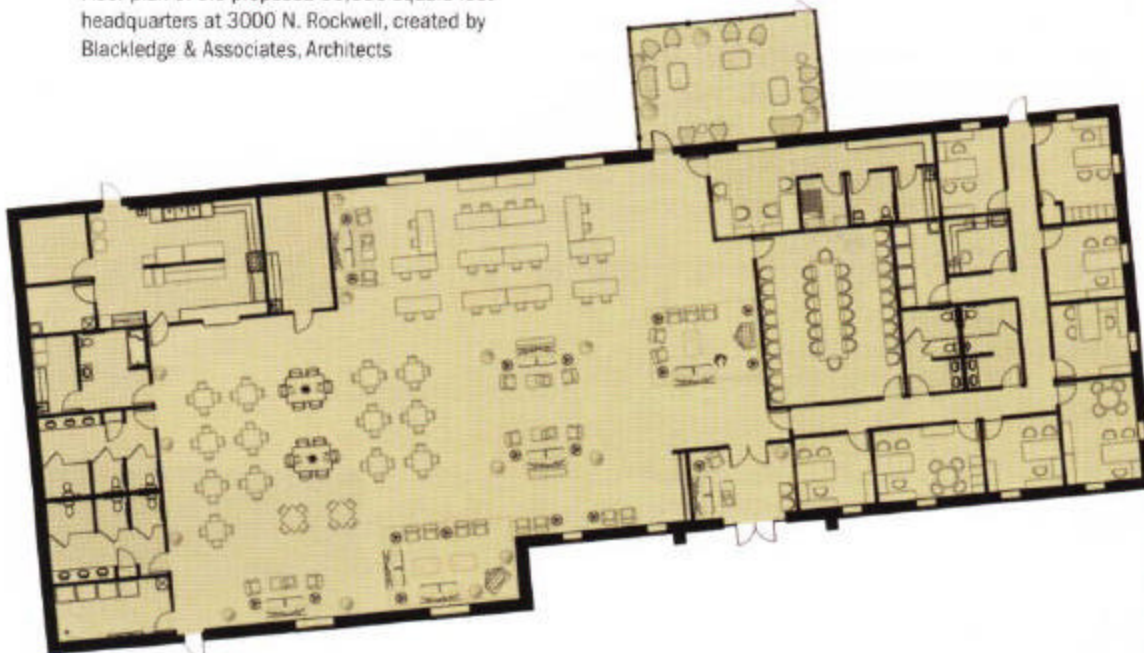
The new 11,000 square foot building will be located near the corner of NW 30th and Rockwell. It will house a supportive, comprehensive program for frail elderly and developmentally disabled adults and their caregivers who need assistance with activities of daily living.

By providing respite to care givers and other family members, the program prevents premature nursing home and institutional placement of the participants while adding to their quality of life by allowing them to be as independent as possible. Eldercare management provides information, support, and activities that are necessary for an individual to remain independent for as long as possible and help family members or caregivers determine when a higher level of care is necessary.

This program also finds services needed for the frail elderly individuals and helps coordinate the delivery of these services. The new headquarters center is designed to meet the needs of the participants and caregivers, providing space for socialization activities, recreation, health services, bathing, transportation program, and administrative offices.



Floor plan of the proposed 11,000 square foot headquarters at 3000 N. Rockwell, created by Blackledge & Associates, Architects



Funding Plan and Sustainability

After extensive demographic, industry and market research, the board of directors and staff of DLC developed the scope of the project needed to meet the demand for services and determined that they can raise \$1 million in our community to finance the new headquarters building for their operations.



The architectural plans are completed and the land purchased. A capital campaign is underway to provide funding from foundations, corporations and individuals. Half of this campaign funding is expected to come from large gifts and grant awards, the remainder from smaller gifts and individuals.

All board members are committed to this project and have given gifts to the campaign as well as their talent and time.

The land for the headquarters project has been purchased from net operating proceeds, and the south center, completed in 2005, has been fully funded with no remaining debt. DLC has a positive cash flow and a strong financial position. DLC has a positive image in the community and a 30-year reputation of providing safe, high quality services to the frail elderly and developmentally disabled.

After completion of the project, DLC will be able to occupy and immediately sustain the new headquarters with the revenue stream from operations. DLC has an operating budget in excess of \$1.25 million from a variety of sources including contracts with Department of Human Services and Veterans Administration, United Way allocation, private individual contributions, participants' fees, transportation revenues, Department of Education, Medicaid, Advantage Program fees, and interest and dividends on endowments and investments.

Adult day care has filled a niche in only one generation and the need for services is increasing and will continue to do so as the population ages. Adult day care is about 1/3 the expense of full-time, long-term care and will continue to be a much sought after alternative for our community's elderly loved ones.

Community Partners

Areawide Aging Agency
Central Oklahoma United Way
Oklahoma Department of Human Services
OKC Foodbank
Oklahoma Association of Homes and Services for the Aging
Oklahoma County Senior Nutrition Program
Oklahoma Department of Education
Oklahoma Department of Mental Health
Oklahoma Health Care Commission
Oklahoma Legislature
Oklahoma State Health Department
OU Health Sciences Center
Sunbeam Family Services
Veterans Administration
local chambers of commerce
local hospitals, retirement & assisted centers
local colleges and universities



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OG&E

Roosevelt Milton

DHS Administrator

Darlene Parman

Marketing Consultant

Bob Rawlings

Community Volunteer

Rick Ross

Feed the Children

Marilyn Tabor

Legal Contracts
Devon Energy Corporation

Bill Weaver

President
Daily Living Center



Personnel

Director

Registered Nurse or Licensed Practical Nurse

Social Services Coordinator

Activity Aides

Physical, occupational and speech therapists available on a contract basis

Community volunteers participate in music, art, games and friendly visitation





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