

DAILY LIVING CENTERS, INC.

FEBRUARY, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Turkey Chow Mein Rice Harvard Beets; Egg Roll Wheat Bread - 2 slices Fruit 1% LowFat Milk
4	5	6	7	8
Barbecue Chicken Cheesy Potatoes Greens Wheat Bread - 2 slices Fruit 1% LowFat Milk	Spaghetti & Meat Sauce Green Beans Green Salad Wheat Bread - 2 slices Hot Fruit Cobbler 1% LowFat Milk	Tortilla Soup Pea Salad Pineapple Tortilla Chips Gelatin 1% LowFat Milk	Jambalya Rice Steamed Cabbage Wheat Bread - 2 slices Fruit 1% LowFat Milk	Hamburger Potato Salad Baked Beans Whole Wheat Bun Hot Fruit Compote 1% LowFat Milk
11	12	13	14	15
Franks Baked Beans Sauerkraut Whole Wheat Bun Pineapple 1% LowFat Milk	Ham Slice Potatoes Au Gratin Greens Wheat Bread - 2 slices Fruit 1% LowFat Milk	Turkey & Fajita Vegetables Chili Beans; Carrots Tortilla Chips Fruit 1% LowFat Milk	Oven Fried Chicken Mashed Potatoes & Gravy Broccoli & Cheese Wheat Bread - 2 slices Fruit 1% LowFat Milk	Stuffed Pepper Soup Corn Relish Pea Salad Cornbread Mixed Fruit 1% LowFat Milk
18	19	20	21	22
Salisbury Steak Mashed Potatoes & Gravy Spinach Wheat Bread - 2 slices Fruit 1% LowFat Milk	Turkey Salad Tomato Soup Vegetable Variety Wheat Bread - 2 slices Applesauce 1% LowFat Milk	Macaroni & Cheese w/ Sausage Corn Green Salad Wheat Bread - 2 slices Hot Fruit Compote 1% LowFat Milk	Pinto Beans & Ham Pickled Beets Creamy Slaw Cornbread Mixed Fruit 1% LowFat Milk	Turkey & Dressing w/ Gravy Sweet Potatoes Green Beans Wheat Bread - 2 slices Pears 1% LowFat Milk
25	26	27	28	
BBQ Riblet Baked Beans Potato Wedges Whole Wheat Bun Pineapple 1% LowFat Milk	Pork Loin w/Gravy Mashed Potatoes California Mix Veg Wheat Bread - 2 slices Fruit 1% LowFat Milk	Hearty Turkey Stew Pickled Beets Fruit Ssalad Whole Wheat Crackers Fruit 1% LowFat Milk	Swiss Steak Broccoli Rice Casserole Green Peas Wheat Bread - 2 slices Mixed Fruit 1% LowFat Milk	